



# ***RUN HIGH BRIDGE 5K***

***Race Date: Saturday, March 8, 2025***

***8:00 am Registration begins; 9:00 am Race begins***

**\$5.00 Parking at Race Site**, (Camp Paradise Road/Aspen Hill Road (Rt. 601), Rice, VA 23966)



***Walker/Runner Fees:  
\$25 thru February 12  
\$30 - February 13 thru March 6  
\$35 - March 7 & 8***

The **Cumberland Education Foundation** (Cumberland County Public Schools Foundation, Inc.) is sponsoring a 5K – “RUN High Bridge.” The event will start at the Camp Paradise entrance of High Bridge Trail State Park and offers an out and back run across the legendary High Bridge. Proceeds will go to Scholarships for Cumberland County School graduates and Grants to teachers. Participants who register through Feb. 23 will receive an Event t-shirt. Awards: top three overall (male/female), top Master (male/female), top three (male/female) age groups: 12 & under, 13 – 19, 20 – 29, 30 – 39, 40 – 49, 50 - 59, 60 - 69 and 70 – 79, 80 and over. The Timing and scoring of the Run High Bridge 5K for Scholarships will be provided by Riverside Runners. Online registration is available at <https://runsignup.com/runhighbridge5k>

Early registration deadline: Thru February 12, 2025.



**Southside Virginia  
Family YMCA**



**Riverside Runners**